

SHANICKA TAIRU

PERSONAL TRAINER AND FITNESS INSTRUCTOR

My name is the Shanicka Tairu. I was born in Orlando, Florida and raised in Jonesboro, Georgia. The HBCU that I always dreamed of attending is where I played volleyball. I walked on my freshman year and earned my scholarship for the last 3 years of my college career. Bethune-Cookman University, in Daytona Beach, Florida, is where I graduated with my bachelor's degree in Elementary Education in 2011. Which led me to becoming an Educator at Westside Elementary for the past 8 years. Daytona Beach, Florida has been home to me and college sweetheart. Here is where we have birthed 3 daughters (twin girls and single daughter). We are now excited to be introducing our first son to this world in June 2021. Life just continues to get better and better.

Shanicka Tairu will focus on serving student-athletes in the following areas:

Specialties:

- Provide faith-based fitness during fitness training
- Work on breaking down the societal norms of beauty

P.A.S.S.

Preparing Athletes to Succeed and Soar

marleneholmes.com/passprogram

 BFCAteam@gmail.com

